

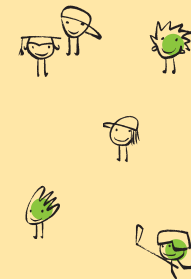
Do you have a support
network?
TOGETHER, WE CAN BUILD ONE

YOUTH

Having connections helps you to remain happy. Establishing these connections requires daily gestures, skills and collaboration.

- Am I surrounded by people that I can count on (school, youth centre, friendships, sports and leisure, family, etc.)?
- What are the skills or abilities that help me to develop connections?
- How do I manage to maintain my unique attributes in a group while being able to fit in?
- Do I try to get to know others before judging them?

être bien dans sa tête .com



Rejean Paquin design communication

The energy of an association! The strenght of a network!

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